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Action Groups WBC Wellbeing Board

Progress Report
January 2021

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Recap on the **three priorities** for the Wokingham Wellbeing Board:

1

Creating **Physically Active** Communities

Facilitating physical activity to improve health outcomes irrespective of whether individuals achieve weight loss.

Promoting physical activity among target groups to reduce the risk of long term conditions such as coronary heart disease and stroke.

Encouraging people to be physically active as a means to reduce premature mortality.

2

Reducing **Social isolation and Loneliness**

Connecting vulnerable residents with quality-assured services and activities.

Tackling risk factors for social isolation and loneliness: (E.g. language barriers, education & employment, mental illness, financial difficulty, old age.)

Helping people to build better social relationships to protect and improve physical and mental health.

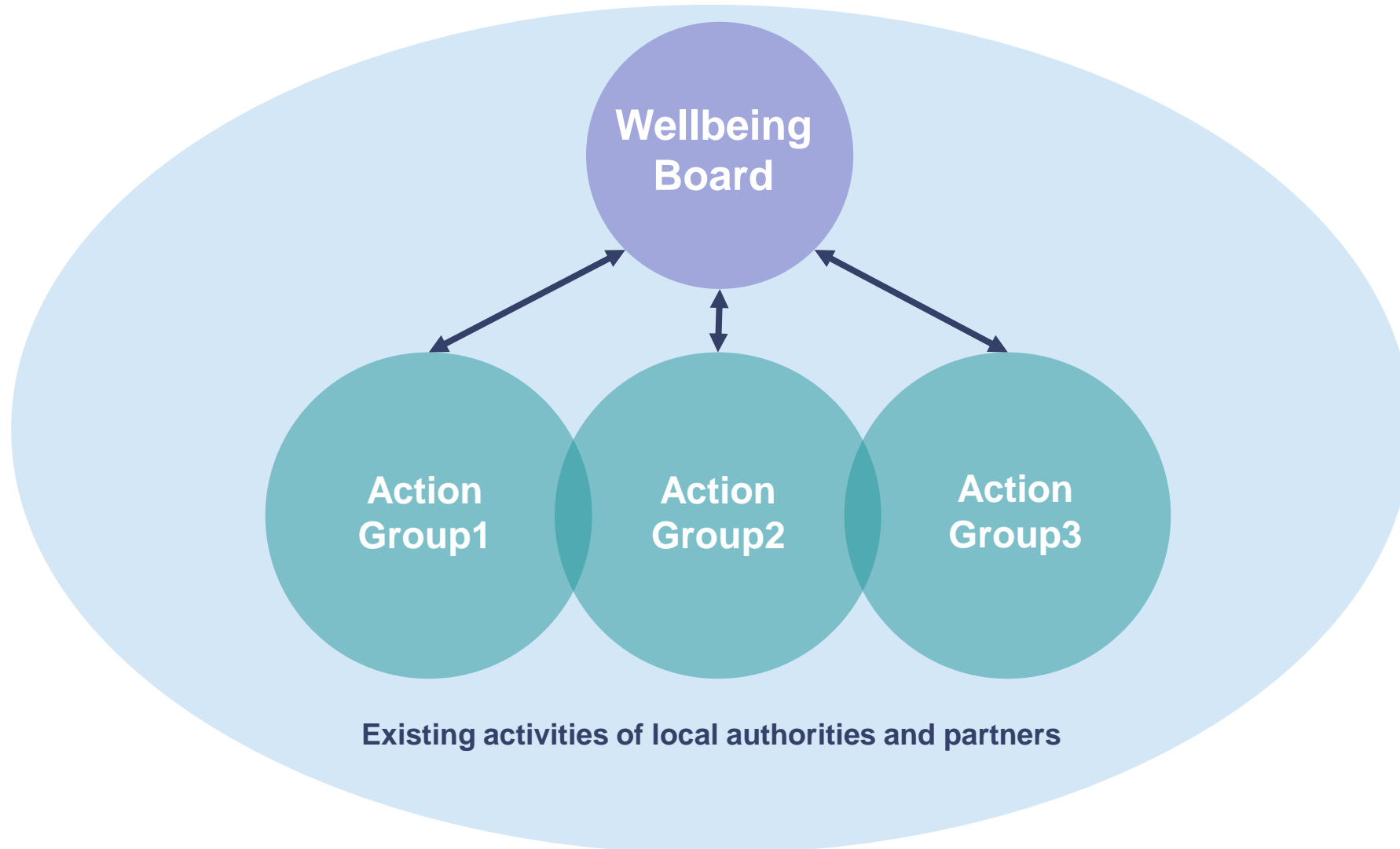
3

Narrowing **health inequalities**

To reduce the avoidable differences in people's health across social groups, demographics, and geography.

Prevention and early intervention that is proportionate to the level of disadvantage.

Each of the Wellbeing Board **Action Groups** will harness the **good work** that is **already happening** across the organisation and the wider community.



Progress to date

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Stage	Detail	Timeframe
Review and define	<p>Current system & partners</p> <p>Model of approach to development, design of working groups</p> <p>Key stakeholders & partners involved in being physical active</p> <p>Existing and emerging strategies and action plans across systems and partners e.g. WBC Leisure Strategy</p>	<p>Ongoing</p> <p>Identified</p>
Engage	<p>Partner engagement</p> <p>Identify existing Partnerships/ Boards and relationship e.g. Wokingham's Integration Partnership & Leadership Board</p>	<p>Engaged</p>
Develop	<p>Establish local action group for delivery of creating physically active communities to:</p> <ul style="list-style-type: none"> • Agree terms of reference, aims and objectives • Confirm Leadership/Co-leadership of group • Start to consider quality assured short term priorities, targets and timescales • To agree and establish reporting/monitoring process mapped to public health outcomes 	<p>1st Action Group undertaken in Dec 2020.</p> <p>Date of next meeting is February 11th 2021</p>
Deliver	<p>Co-production of regular reporting to Health & Wellbeing Board partners</p> <p>Evaluation of impact against public health outcomes framework</p>	<p>March 2021</p>

Update on Action Group Progress

- Sports & Leisure Services agreed to act as Chair and Public Health as Co-chair of Priority 1 Action Group and scoping discussions have commenced.
- Membership confirmed (see next slide)
- First Action Group meeting completed and next scheduled for 11th February 2021
- Example Terms of Reference collated for use with all three action groups.
- Reporting mechanisms (long-term) have already been established and are being used to inform reporting
- Additional objective added to develop a reporting system to capture monthly local progress and achievements
- Mapping of partner/s key work, physical activity offers, reporting and data has commenced

Next Steps

- Confirm objectives for the group together with current long and short term measures for Wokingham and share with the Action Group for review and discussion
- Capture and share output from Action Group meetings to support wider engagement with key groups/partners;
- To map exist data and reporting/governance (related to physical activity local priorities
- Book monthly action group meetings from February 2021. All members are identifying deputies to ensure action group meetings continue and keep work on track.

Membership of the Physical Activity Action Group

Creating **Physically Active** Communities

Chair:

- WBC Sports & Leisure

Co-chair

- Public Health

Members

- WBC Sports & Leisure
- Public Health
- Get Berkshire Active
- Places Leisure
- Countryside
- Parks and Recreation Teams
- My Journey Team
- Modeshift STARS travel planning team
- Schools Games Coordinator
- WBC Sports Council Chair

Members also agreed to also include and consult with the local BME, Community engagement and VCS leads as appropriate

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Stage	Detail	Timeframe
Review and define	Current system & partners Model of approach to development, design of working groups Key stakeholders & partners involved in reducing social isolation and loneliness – across all ages	Ongoing Identified
Engage	Partner engagement Identify existing Partnerships/ Boards and relationship	Engaged
Develop	Establish local action group for delivery of creating physically active communities to: <ul style="list-style-type: none"> • Agree terms of reference, aims and objectives • Agree Leadership/Co-leadership of group • Agree quality assured short term priorities, targets and timescales • Establish reporting/monitoring process mapped to public health outcomes 	1st Action Group undertaken in Dec 2020. Date of next meeting is February 16th 2021
Deliver	Co-production of regular reporting to Health & Wellbeing Board partners Evaluation of impact against public health outcomes framework	March 2021

Update on Actions

- The First Action Group for Social Isolation & Loneliness took place on Tuesday 8th December 2020.
- Wokingham Involve (Liaison for Wokingham's voluntary and Community Sector) agreed to chair the action groups alongside WBC's public health team.
- Membership confirmed (See next slide)
- Draft Terms of reference shared with all action group members for review and comment ahead of next action group meeting.
- Current reporting mechanisms (among action group services) have been identified.

Next Steps

- Capture and share outputs from first Action Group meeting to support wider engagement with key groups/partners; produce a map of key partners and services.
- Key item for next agenda: do we know what social isolation looks like in Wokingham and how many residents are affected and who those residents are (in terms of demographics)?
- Based on the above answers to the above question, produce a brief overview of current long and short term measures for Wokingham and share with Action Group for review and discussion

Reducing **Social isolation** and Loneliness

Co-Chair

- Involve - Liaison for Voluntary and Community sector across Wokingham
- WBC Public Health team

Members

- **WBC Adult and Community Learning Team** [Jon White, WBC Adult Community Learning Team Coordinator]
- **WBC Libraries Service** [Richard Alexander, WBC Libraries Manager]
- **Optalis Supported Employment Service** [Donna Morgans, Head of Supported Employment Services]
- **WBC Community Engagement Team** [Deana Humphries, WBC Community Engagement Lead]
- **WBC Emotional Wellbeing lead for children and young people** [Kim Wilkins, WBC Strategy & Commissioning]
- **WBC Sports and Leisure Team** [Beverley Thompson, WBC Sports & Leisure Service Manager]

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Stage	Detail	Timeframe
Review and define	<p>Current system & partners</p> <p>Model of approach to development, design of working groups</p> <p>Key stakeholders & partners</p> <p>Existing and emerging strategies and action plans across systems and partners e.g. Children & Young People’s Prevention & Early Intervention Strategy, WBC Leisure Strategy</p>	<p>Ongoing</p> <p>Identified</p>
Engage	<p>Partner engagement</p> <p>Identify existing Partnerships/ Boards and relationship e.g. Children & Young People’s Board, Youth Offending Board, Community Safety Partnership Board</p>	<p>Engaged</p>
Develop	<p>Establish local action group for delivery of narrowing health inequalities</p> <ul style="list-style-type: none"> • Agree terms of reference, aims and objectives • Agree Leadership/Co-leadership of group • Agree quality assured short term priorities, targets and timescales • Establish reporting/monitoring process mapped to public health outcomes 	<p>1st Action Group was held 13/01/21</p> <p>Next Action Group due to be held 24/02/21</p>
Deliver	<p>Co-production of regular reporting to Health & Wellbeing Board partners</p> <p>Evaluation of impact against public health outcomes framework</p>	<p>March 2021</p>

Update on Actions

- First Action Group Meeting held 13th January 2021;
- Next action group meeting booked 24th February 2021;
- Terms of Reference circulated for comment;
- Mapping of partner/s strategies has commenced;
- Scoping of data started to help inform next meeting discussion on local inequalities and priorities;

Next Steps

- Mapping of partner/s key strategies and 121 discussion about organisation priorities; (Public Health/Berkshire West CCG – January/February 2020)
- Produce a brief overview of inequalities in Wokingham/Berkshire West (Wokingham Public Health/ Berkshire West CCG and Shared Public Health – January/February 2020)
- Review long and short term measures for Wokingham HWB and put forward recommendations to Wellbeing Board (All - February 2021)
- To map exist reporting/governance (related to inequalities work/priorities) and identify best route into Wellbeing Board; (All –February 2021)