

# Agenda Item 8.

<b>TITLE</b>	<b>Wokingham Borough Wellbeing Board Update 2018/19</b>
<b>FOR CONSIDERATION BY</b>	Health Overview and Scrutiny Committee on Monday, 3 June 2019
<b>WARD</b>	None Specific;
<b>KEY OFFICER</b>	Graham Ebers, Deputy Chief Executive

## **OUTCOME / BENEFITS TO THE COMMUNITY**

The Wellbeing Board are focused on improving the health and wellbeing of the borough and supporting communities to become self-sufficient and resilient which will also have a positive impact on health and social services in Wokingham.

## **RECOMMENDATION**

The Health Overview and Scrutiny Committee are asked to review and support the Wellbeing Board's 2018/19 actions and the revised strategy.

## **SUMMARY OF REPORT**

This report highlights the activities of the Wokingham Borough Wellbeing Board over the past 12 months and provides detail about the revised Joint Health and Wellbeing Strategy.

## Background

The Wokingham Borough Wellbeing Board has recently completed its sixth year as a formal committee.

Under the Health and Social Care Act 2012 all upper tier local authorities were required to establish Health and Wellbeing Boards from April 2013. Health and Wellbeing Boards are forums where key representatives from health, social care and the community can work in partnership to reduce health inequalities locally and to improve the overall health and wellbeing of residents.

The core functions of the Wellbeing Board are:

- To prepare a Joint Strategic Needs Assessment, which gives an overview of the Borough's current and likely future health and wellbeing needs;
- Based on evidence detailed within the Joint Strategic Needs Assessment, produce a Joint Health and Wellbeing Strategy, which details how needs identified will be met;
- To create and publish a pharmaceutical needs assessment, an overview of local pharmaceutical needs, services and any gaps in provision;
- To encourage integrated working between commissioners of health services, Public Health and social care services, for the purposes of advancing the health and wellbeing of the people in its area;
- To consider how resources can be shared effectively between partners and where appropriate, to pool budgets;
- The local Clinical Commissioning Groups must involve the Wellbeing Board in the preparation or revision of their commissioning plans.

### Joint Health and Wellbeing Strategy 2018-21:

The Wokingham Borough Wellbeing Board created a revised, 'punchy' and more meaningful Joint Health and Wellbeing Strategy. Board members during 2018-19 discussed where the Wellbeing Board could make the biggest impact and key health and wellbeing indicators. It was decided that the Board should have a focus on wellbeing specifically and this has been reflected in the revised strategy and the name of the Board (now Wokingham Borough Wellbeing Board).

A refreshed Joint Health and Wellbeing Strategy for 2018-2021 was designed around the vision of "creating healthy and resilient communities", within which is three key priorities:

- ◆ **Creating physically active communities**
- ◆ **Reducing social isolation and loneliness**
- ◆ **Narrowing the health inequalities gap**

Although these are the key priorities, they are also an umbrella that covers a large range of areas and issues that relate to the local needs of the Borough. Some examples of these are: the mental health of all ages, support for carers, utilising green spaces, transport availability, school readiness, employment and vulnerable people.

Under each priority, the Strategy into action group have identified themes which derive from national reports and have been proven to work against our key priorities and have a

positive effect on the community and core action areas which will be the beginning focus of the strategy.

<b>Creating Physically Active Communities</b>	
Themes:	Core Action Areas:
<ul style="list-style-type: none"> <li>• Active environments</li> <li>• Professionals encouraging activity</li> <li>• Services and interventions</li> <li>• Creating a 'social movement'</li> </ul>	<ol style="list-style-type: none"> <li>1. Active transport</li> <li>2. Schools and Early Years</li> <li>3. Media Campaigns</li> </ol>

<b>Reducing Social Isolation and Loneliness</b>	
Themes:	Core Action Areas:
<ul style="list-style-type: none"> <li>• Strengthening the community</li> <li>• Creating links</li> <li>• Identifying lonely and isolated people</li> <li>• Interventions and Services</li> </ul>	<ol style="list-style-type: none"> <li>1. Social prescribing</li> <li>2. Technology</li> <li>3. Groups and Clubs</li> </ol>

<b>Narrowing the Health Inequalities Gap</b>	
Themes:	Core Action Areas:
<ul style="list-style-type: none"> <li>• Pre-school</li> <li>• School attainment</li> <li>• Jobs for all</li> <li>• Risky behaviour</li> </ul>	<ol style="list-style-type: none"> <li>1. Early Help partnership</li> <li>2. 'Whole School' approach</li> <li>3. Training and Employment advice &amp; work-based training</li> </ol>

### *Strategy into Action*

The action plan, which has been named 'Strategy into Action', is being co-produced by the Wellbeing Board and key stakeholders during spring and summer of 2019. This collaboration for the development of the action plan will aim to enhance relationships and enable our partners to decide on their level of involvement from the outset. A small governance group has been created to support, co-ordinate and help to progress actions. In order for an effective action plan, it is important that the current work within the Borough is mapped out so we are able to gauge the level of activity and pave the way for grasping opportunities. Furthermore, to ensure that Strategy into Action is kept on track with achieving the actions and key priorities, a number of metrics are being produced using both national guidelines and local needs.

At present, information has been distributed to Wokingham Borough Council's and the Board's key partners, stakeholders and commissioned services to inform them of the Wellbeing Board, its strategy and the three key priorities. Alongside this is a short survey which asked partners about what current projects and activities their organisations are carrying out in alignment with the Wellbeing Board's priorities. Feedback so far has been positive and reinforces that there is a lot happening in the Borough which focuses on the health and wellbeing of the community. Furthermore, the action plan is being populated with projects within the Council as a starting point and will then utilise the feedback from the survey to populate this further.

During 2019/20 the Wellbeing Board will continue to work with its partners to address health inequalities, targeting those in the community who are most vulnerable.

### **Wellbeing Board Refresh:**

The Wellbeing Board has considered proposals to refresh its 'agenda' since 2017. These considerations have been in relation to governance, partnership working and other issues seen to be relevant to improving the effectiveness of the Board and enhancing its community engagement. It was decided that in order to ensure enhanced focus, vibrancy and engagement with the community, the agenda should be the steering for this.

An agenda setting group has been set up to review and discuss papers to be presented to formal Board meetings to determine if the paper is appropriate for inclusion. There will be close monitoring of prospective items to ensure the Board are clear on what is being asked of them and how the items fit in with the refreshed strategy and key priorities.

Moreover, it was considered that an enhanced collective contribution towards the three key priorities could be achieved by:

- i) a stronger alignment of our respective business cycles
- ii) review of the attendance/representation at the Board
- iii) visibility and input from 'external' organisations delivering on the agenda

The Board has since begun implementing this governance in a number of ways. The Board enhanced membership by extending it to the Director of Locality and Customer Services at Wokingham Borough Council was appointed in November 2018. This appointment would allow for closer relationships and input from a planning perspective. A revised reporting template for the Board agenda items has also been created with an enhanced focus on delivering against the priorities. Moreover, Board members have been assigned against each of the priorities to strengthen focus further. Bi-monthly informal Board meetings were also reinstated from September 2018, which provide capacity for deep dive conversations and focus on specific themes.

### **Localities Plus – Defining Our Neighbourhoods:**

Across Berkshire West, work underway to define exactly what the 'neighbourhoods' will look like. This will take into consideration the GP Alliances that are currently in place, the NHS definition of neighbourhoods and the Primary Care Networks to align into one clear definition. The overarching aim is to have self-sufficient, integrated neighbourhoods. The neighbourhoods will envelop Population Health Management which is discussed at detail in the Long Term Plan which focuses on primary care, urgent care and planned care to enable early intervention and targeted support. The Wellbeing Board is in full support of this and is connected to the Localities Plus group who are helping to facilitate the move to neighbourhoods.

Localities Plus has been established to ensure connectivity between the 3 Conversations model in Adult Social Care, 21<sup>st</sup> Century Council and the NHS Long Term Plan and to support and co-ordinate the transition to the 4 localities in Wokingham – North, South, East and West. The desired outcome is to enable the residents of Wokingham Borough to receive the right level of support, at the right time and place in an efficient manner which would enable self-sufficient, healthy and resilient communities.

At present, the workstreams are:

- **Resource Connectivity** – Ensuring connection between the Community Engagement Officers under Customer and Localities, Community Navigators which are funded through the voluntary group Involve and Social Prescribers through the NHS. Currently Wokingham Borough does not have any Social Prescribers but there will be national funding to cover this. There is an opportunity here for the Community Engagement Officers, Community Navigators and Social Prescribers to connect and provide a collective service and resource.
- **Intelligence Gathering and Sharing** – It is important that Localities Plus has distinct outcomes and a framework that clearly show the various work streams that come out of it, such as mapping projects, intelligence sharing and Wellbeing Board and sub board outcomes; this will be driven by the intelligence gathered from applicable sources.
- **Alignment with Work Programmes** – Localities Plus will be aligned with the Council Plan as well as the Wokingham Borough Wellbeing Board's Joint Health and Wellbeing Strategy 2018-2021. Furthermore, the Joint Strategic Needs Assessment (JSNA) that drives the Wellbeing Strategy and influenced the key priorities and also alignment with the Population Health Management model emphasised in the NHS Long Term Plan is key and will be maintained.
- **Areas of Best Practice** – Areas of best practice which have a broader focus on public sector system working in a neighbourhood way. Examining these areas will show what they are doing, what can be learnt and what their practical actions have been.

Localities Plus feeds into the Wellbeing Board and the Wokingham Leaders Partnership Board (WLPB) for consultation on actions. The Wellbeing Board wholly support this provision and will be involved in its progression.

## **Other Actions**

### *Wellbeing Board Member Training*

In 2018 the LGA held training events for the Chairs and Vice Chairs of the Health and Wellbeing Board which focused on comparing practice, learning and sharing ideas, networking and enhancing the awareness of policy issues from key national partners.

The LGA also held a facilitated integration workshop called '*Stepping up to the Place*' for Wellbeing Board members which was extremely beneficial as it highlighted areas of strength and also key challenges. There was strong commitment shown to enhance strategic objectives and to allow for effective and efficient production and delivery of a refreshed strategy.

### *Public Health Campaigns*

The Wellbeing Board supported the national health campaigns carried out by Public Health England such as healthy weight, influenza immunisations and emotional and mental health.

### *Emotional Health and Wellbeing Strategy 2018-2021*

The Board has been closely aligned with and supporting the Wokingham Borough Council's Emotional Wellbeing Strategy which was developed in order to promote an integrated and holistic approach to Children and Young People's Emotional Wellbeing. This strategy links in well with the refreshed Joint Health and Wellbeing Strategy.

*Wokingham's Pharmaceutical Needs Assessment 2018-2021:*

In 2018 the Wellbeing Board and Public Health developed a revised Pharmaceutical Needs Assessment which is a statutory requirement for every three years.

*Wokingham's Joint Strategic Needs Assessment 2018-2021:*

Public Health with the support of the Wellbeing Board have developed the JSNA which assists the local authority in assessing the current and future health, care and wellbeing needs of the local community and informs local decision making.

*The NHS Long Term Plan*

The Wellbeing Board is closely aligned with the NHS Long Term Plan which aims to create a new model of care for the 21<sup>st</sup> century which will have an increased effort on prevention of illness and tackling health inequalities.

The NHS Long Term Plan was released in January 2019 and signals a strong shift towards a neighbourhood-based health and care. The plan focuses on:

- **Population Health Management** will be a triple integration of primary and specialist care, physical and mental health and health and social care. ICSs will work alongside Local Authority partners to develop proactive and preventative approaches which will enable early intervention and targeted support. Population Health Management will include primary care, urgent care and planned care.
- The development of multidisciplinary **Primary Care Networks** (PCNs) of local GPs and community teams working together to serve populations of up to 50,000. PCNs have 3 core functions: resilient primary care, proactive care and reducing pressure on hospital services.
- The expansion of **Social Prescribing** (also known as Community Navigation) so that each Network of practices will have strong links with community services and community support officers.
- More **personalised care** through personal health budgets, social prescribing and personalised care plans.

With a huge focus on prevention and health inequalities, it is important for the Wellbeing Board to understand and align with the developments of the NHS Long Term Plan.

**Analysis of Issues (including any financial implications)**

None at present.

<b>Partner Implications</b>
All partners to review and acknowledge the strategy and utilise this in policy. It is essential that all partners feel engaged with and contribute to the action plan and thus are well informed about the Wellbeing Board and its purpose, strategy and key priorities.
The Wellbeing Board strategy and actions are in alignment with the Council's wider Borough Plan and other key strategies.

<b>Reasons for considering the report in Part 2</b>
N/A

<b>List of Background Papers</b>
Wokingham Borough Wellbeing Board Terms of Reference

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