



Berkshire West

Clinical Commissioning Group

Primary Care Update

Wokingham Health Overview and Scrutiny

Committee

21st January 2019

Cathy Winfield, Chief Officer

Debbie Milligan, GP Lead (Wokingham Locality)

Helen Clark, Director of Primary Care

The Challenges facing Primary Care

- An increase in demand

- In the last 5 years, there has been a 15 per cent increase in patient contacts:

- An increase in complexity

- An increase in people with multiple long term conditions from 1.9 million in 2008 to 2.9 million in 2018

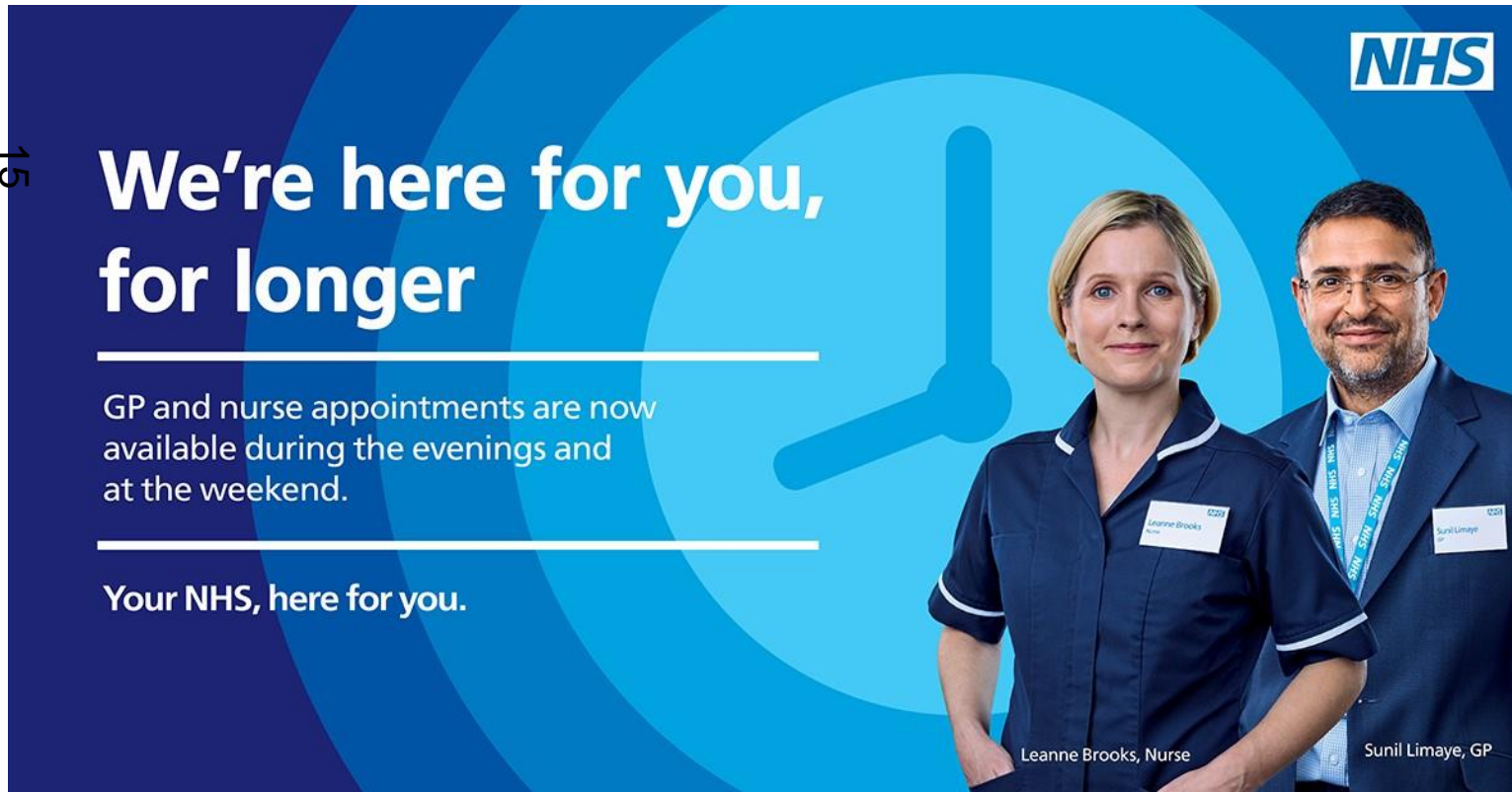
- People are living longer

- by 2024 the number of people aged 65 and over is projected to be 19.7% of the population. In 2014 the figure was 17.6%

The Challenges Facing Primary Care

- Access to GP appointments 8.00 am to 8.00 pm, 7 days a week

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An NHS advertisement featuring a woman in a nurse's uniform and a man in a suit. The background is blue with a large clock face. The NHS logo is in the top right corner. The text reads: "We're here for you, for longer", "GP and nurse appointments are now available during the evenings and at the weekend.", and "Your NHS, here for you." The names "Leanne Brooks, Nurse" and "Sunil Limaye, GP" are at the bottom.

NHS

We're here for you, for longer

GP and nurse appointments are now available during the evenings and at the weekend.

Your NHS, here for you.

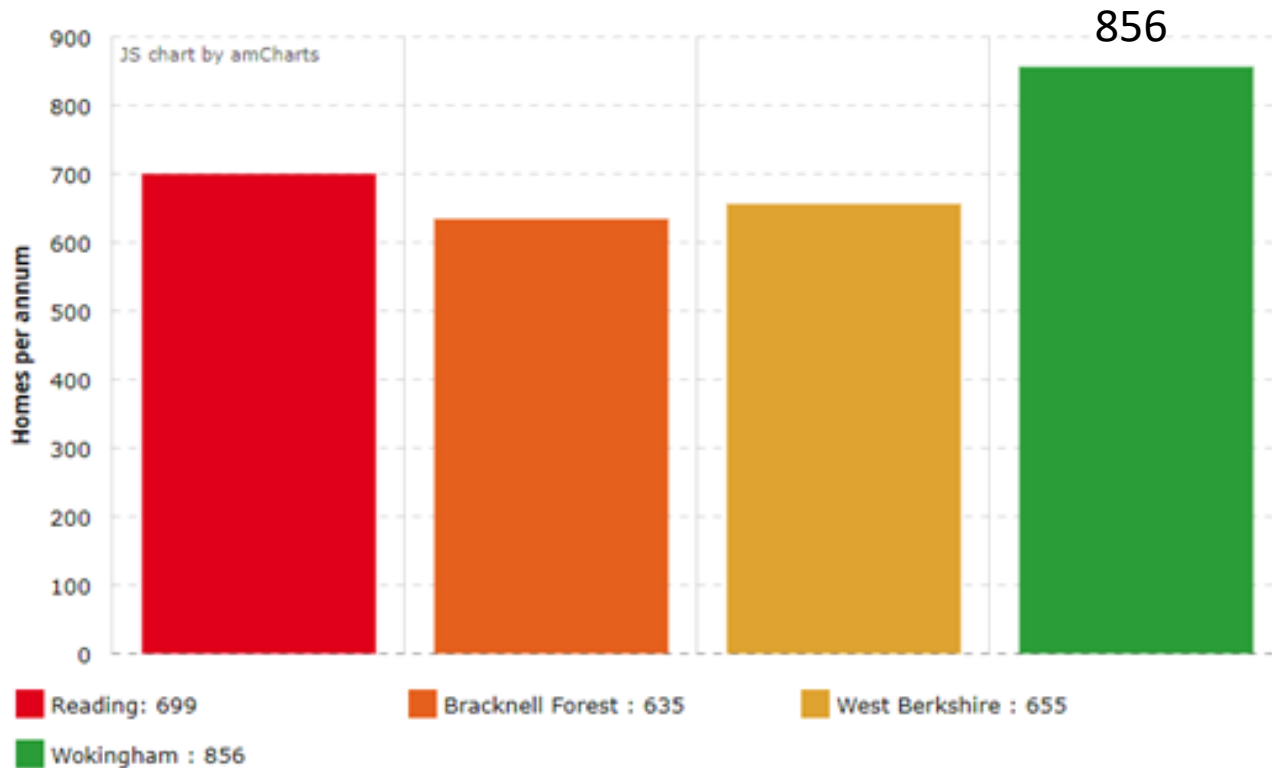
Leanne Brooks, Nurse

Sunil Limaye, GP

The Challenges Facing Primary Care

- Local Housing Growth (33,280 pts by 2026)

Houses which need to be built each year until 2036



The Challenges Facing Primary Care

- Insufficient numbers of GP trainees
 - Historically haven't been able to fill GP training places, although this improved in 2018
- GPs working less sessions to deal with intensity of workload
 - 69% of GPs are working part time
- Investment in Primary Care has lagged behind other NHS sectors
 - but £4.5 bn announced in NHS Long term plan

Meeting the challenges

- Diversifying the workforce
 - Clinical Pharmacists
 - Paramedics
 - First Contact Physiotherapists
 - Physician Associates
 - Social Prescribers

Meeting the challenges

- Paramedic pilot – Visiting service by Paramedics to c. 62,000 patients from 5 GP surgeries across North and Central Wokingham
- GP Consultant Model – Using a mix of Practice Nurse, GP Registrar, Paramedic, Physician Assistant, GP ‘returner’ and Prescribing Nurse, supervised by a GP in a ‘consultant’ role for same day appointments
- Berkshire West Primary Care Alliance Clinical Pharmacist Scheme – in Wokingham, 1 Pharmacist currently in post, with funding for a Senior Pharmacist and a further 4 Pharmacists confirmed
- Enhanced administrative roles – 14 staff trained to signpost patients to local services and 27 to manage clinical correspondence

Meeting the challenges

- Retaining the Workforce
 - Support for Practice Managers across CCG area
 - Upskilling administrative staff
 - Mentoring new GPs
 - Providing more varied career options for GPs – GP Fellowships and Portfolio Careers
 - Supporting Sessional and Locum GPs
 - Supporting GPs returning to work after a career break
 - Paramedic Fellowship programme

Meeting the challenges

- Recruiting new staff
 - International GP recruitment scheme. Our first recruit is ready to be placed in a local practice

Meeting the Challenges – Population Growth

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<p>South of M4 Estimated growth by 2026: 7,550 Practices: Shinfield, Brookside, Swallowfield</p>	<p>Arborfield Garrison Estimated growth by 2026: 8,800 Practices: Swallowfield, Finchampstead, Shinfield</p>
<p>North Wokingham Estimated growth by 2026: 3,750 Practices: Burma Hills, Wokingham MC, Woosehill</p>	<p>South Wokingham Estimated growth by 2026: 6,250 Practices: Wokingham MC, Woosehill, Burma Hills</p>

Meeting the Challenges – Population Growth

- Strategy has been to expand existing surgeries; Swallowfield, Finchampstead and Brookside and prior to that to build new capacity at Wokingham Medical Centre and Shinfield
- Demands of the housing growth have been met. Assumptions to be updated based on review of completions and non-SDL increases

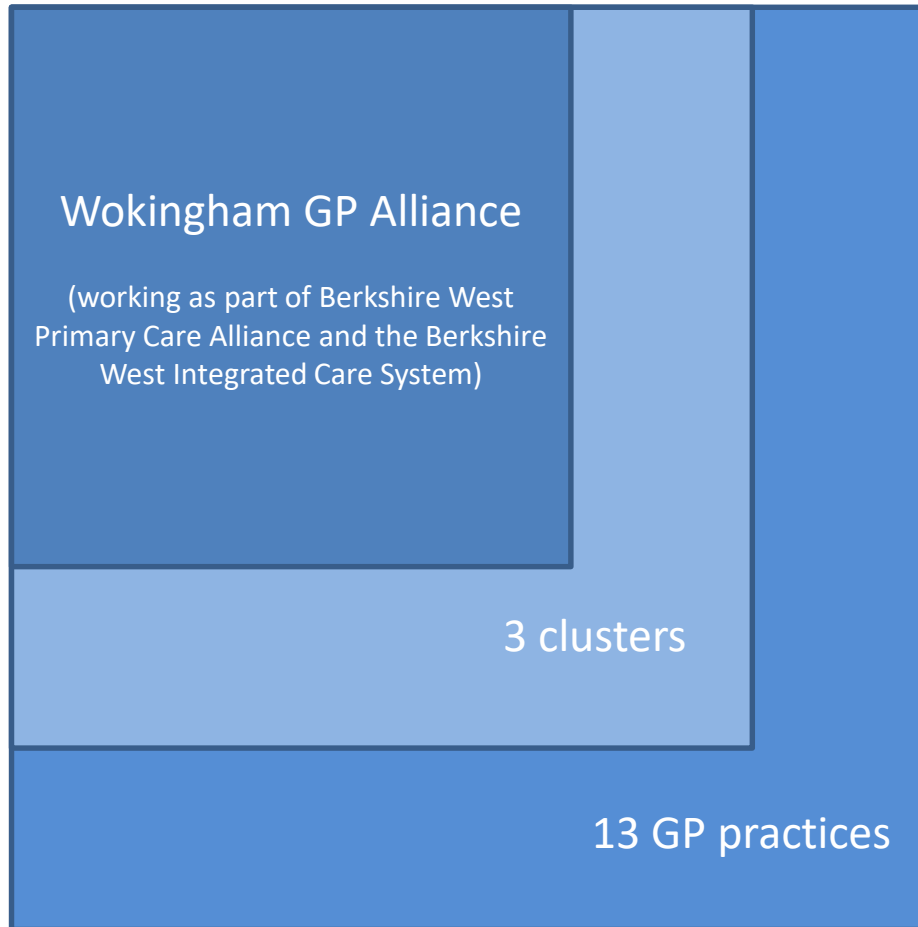
The Digital Revolution

- Patients will be able to....
 - Book appointments
 - Order prescriptions
 - Access their health records
 - Ask their Practice any type of question (including clinical questions) or provide them with relevant information (such as blood pressure readings)
 - Have a video consultation with a GP
- All of these are already happening, but now there will be comprehensive cover
- The CCG has funded enhanced websites for all our practices

Looking to the future - Major transformation of Primary Care Services

- £4.5 bn in the NHS Long Term Plan for Primary and Community Services
- Practices will work in groups covering neighbourhoods
- New mental, community, social and voluntary services will be integrated and 'wrap around' GP practices
- Stronger focus on predicting future health needs and maintaining wellbeing - Population Health Management
- Practices will work together to ensure that patients can get an urgent appointment on the same day
- Practices will work together to offer access for routine appointments from 8.00 am to 8.00 pm 7 days a week (in line with local demand)

Primary care in Wokingham



Working in Neighbourhoods

Wokingham West

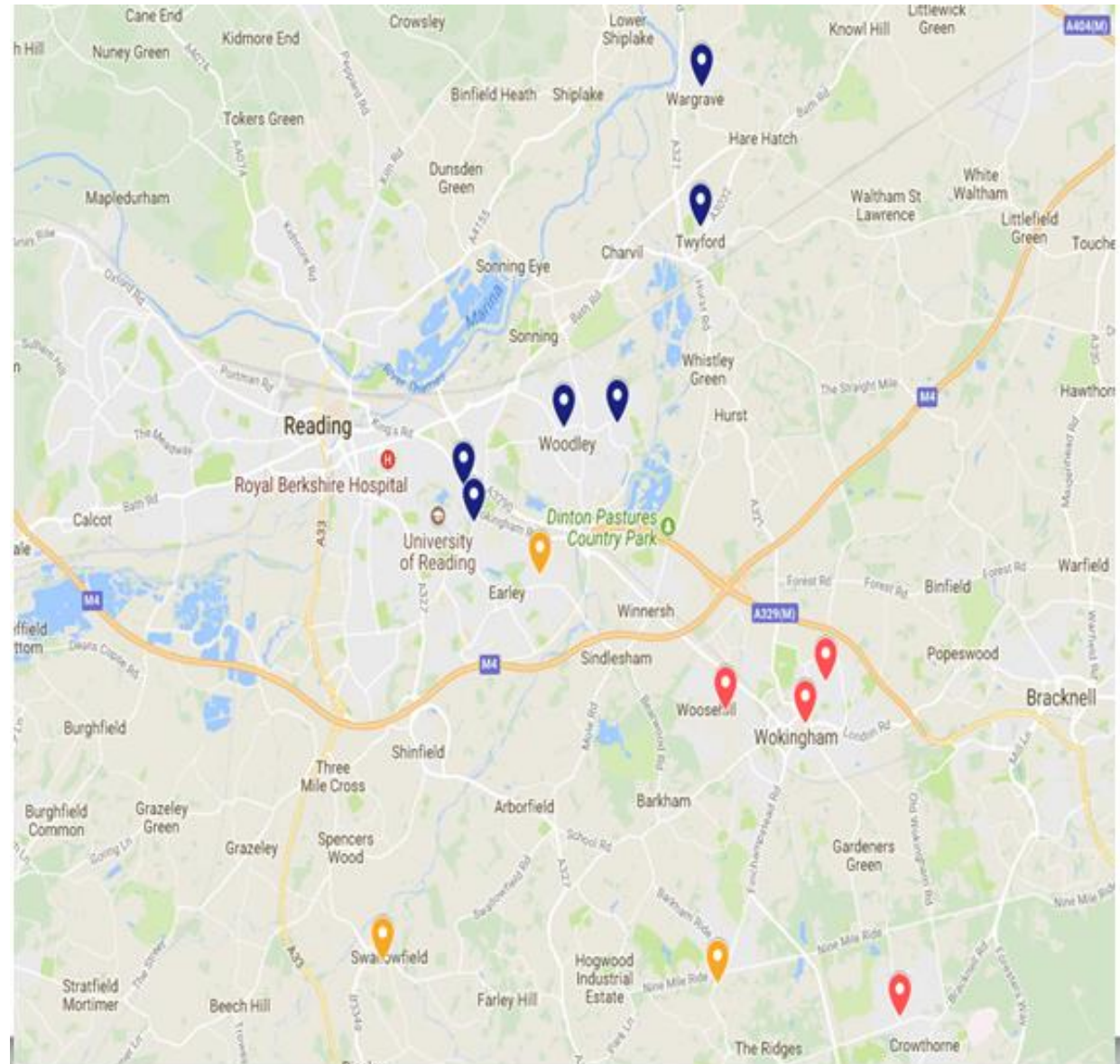
- Brookside
- Finchampstead
- Swallowfield

Wokingham East

- 27
- Burma Hills
 - New Wokingham Road
 - Wokingham Medical Centre
 - Woosehill

Wokingham North

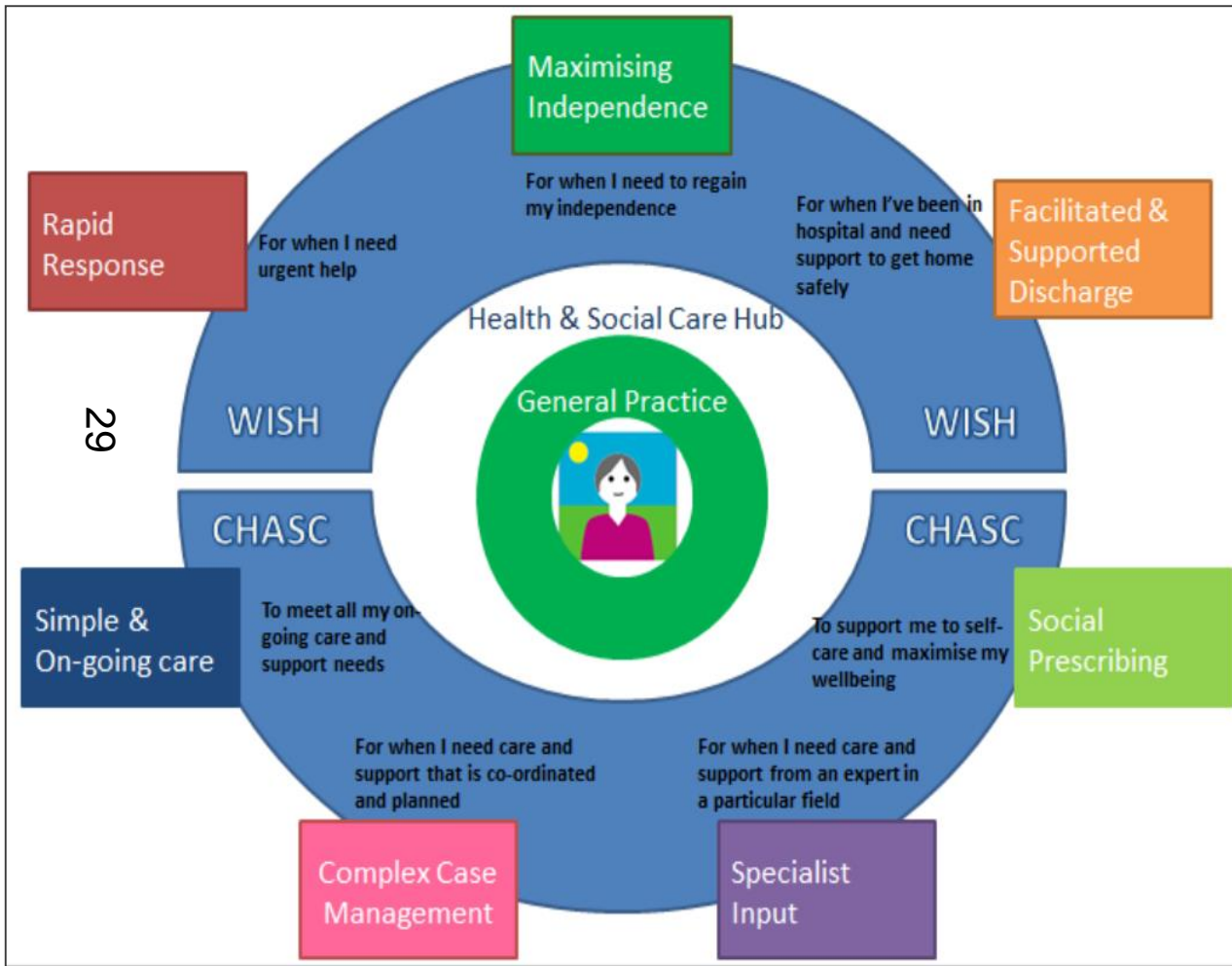
- Loddon Vale
- Parkside
- Twyford
- Wargrave
- Wilderness Road
- Woodley



Neighbourhood working



The Wokingham CHASC model



The Integrated team

- Community matron
- Community nursing
- GPs and Primary Care
- Public health
- Social workers
- Support workers
- Community Navigators
- Locality MDT co-ordinators
- AHPs

Working in partnership

- 2019 will be the year in which we work together with partners to ‘Design our Neighbourhoods’
- Will co-design with local communities
- Will work closely with Public Health and Population Health Management

Questions?

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