

# Wokingham Health Overview and Scrutiny Committee

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## *Care Homes Programme*

March 2017

**NHS**  
North and West Reading  
Clinical Commissioning Group

**NHS**  
Wokingham  
Clinical Commissioning Group

**NHS**  
Newbury and District  
Clinical Commissioning Group

**NHS**  
South Reading  
Clinical Commissioning Group

Agenda Item 48.

# Wokingham CCG Profile

- Approximately 159,097 people resident within the Wokingham CCG boundary : (2014 mid-year estimates)
- 160,844 (07/16) registered population across 13 GP practices
- • Large proportion of population aged 5-19 years and 35-54 years.
- Population expected to increase by 15% by 2039 to 183,600.
- Most significant change expected in older adults aged 85 years and over

# Types of Care Homes

3 main types of care home:

- **Residential Home/Care Home**—residential basis on either short or long term. They provide: accommodation, meals and personal care.
- **Nursing Home / Care homes** with nursing—similar to care homes, but have registered nurses who can provide care for more complex health needs.
- **Dual homes** - some care homes may be registered as both 'with nursing' and 'without nursing', if they take residents who need nursing care, and also those who only require personal care.

# Wokingham Care homes

- 22 care homes - 13 are residential homes, 8 are nursing homes and 1 dual.
- Total of 1017 beds; 455 residential beds, 461 nursing home beds and 101 dual care home beds
- Contract is between the Local Authority and care home.
- Quality assurance is carried out by Local authorities, however, working towards a joint health & social care quality assurance for care homes
- **Funding of care**
  - Self funded
  - Social care funded – partially or fully funded
  - NHS continuing healthcare - care provided over a period of time to meet physical, mental health and personal care needs arising as a result of a disability, accident or illness.
  - NHS-funded nursing care – a resident has been assessed as needing help from a registered nurse in a nursing home. Paid directly to a nursing home. It covers the care provided to residents by registered nurses employed by the home.

# Health Provision to Care Homes

## GP Care

- 10 of the 13 GP practices provide GP support to the 22 care homes
- Patients have the choice to keep their registered GP (if local) when moving to a care home or register with the care homes GP.
- Care home ensures all patients are registered with a GP and contacts GP practice, when required during working hours.
- Outside of working hours, care home access Out of Hours service for advice and support.

# Health Provision to Care homes continued ...

- **Care Home Support Team**

- A multidisciplinary service comprising of Mental Health Nurse, Registered Nurse, Occupational Therapist, Physiotherapist and Speech & Language Therapist, available Monday to Friday, 9am -5pm

- Service aims to improve the skills of the care home staff by building their knowledge, skills, confidence and professionalism, which in turn improves the quality of care and life for people living in residential and nursing homes

- **Rapid Response & Treatment Service**

- A multidisciplinary service comprising of a community geriatrician , advanced nurse practitioners, registered nurses, available 7 days a week, 9am – 7pm

- Service supports patients in a crisis enabling them to be maintained within their care home, avoiding the need for a patient to be admitted to an acute hospital

# Health Provision to Care homes continued...

- **Care Home Pharmacist**
  - - medication reviews of residents/patients in care homes ensuring the appropriate use of psychoactive medicines and antipsychotics and reducing wastage.

# The National Picture

- There are over 20,000 care homes, nursing homes and residential homes providing adult and elderly care throughout the UK; the majority (around 15,000) are operated by the independent sector (private for profit) or voluntary (not for profit) organisations.
- 57% of all elderly care home residents contribute to their care, with only 43% receiving free care. The proportion of Wokingham residents who pay for their own care is much higher and estimated that it is as high as 80%.
- Wokingham Borough has an ageing population with 28,700 residents over 65 (2016). With the increase in life expectancy is a growing complexity of needs, including higher proportion of people with Dementia.



# The Future

Over the last 10 years the dependency of residents in care homes has increased. Their health and social care needs are complex. Most residents have a mix of comorbidities, affecting both physical and mental health. Majority have some disability, many have dementia and collectively they have high rates of both necessary and avoidable hospital admissions.

It is crucial that care homes, health and social care work together to ensure that there are well-tailored services that are 'wrapped around the resident' giving the resident and their families the assurance they are getting a safe, quality care in later life.

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