

BCF 03-Step Up/Step Down

Presentation for Health Overview and Scrutiny Committee 08.09.16

What is Step Up/Step Down?

- Step Down is for people who are medically well in hospital but are not ready to return to their former home or level of independence. They can have a period of intensive short term care and therapy in order to move to being supported independently on a longer term basis.
- Step Up is for people who are experiencing a sudden and severe change in need, and who need a period of intensive support and rehabilitation to avoid the need for a hospital admission or permanent placement in a residential or nursing home

What is Step Up/Step Down?

- SUSD is fully funded from the Better Care Fund
- Based at Alexandra Place Extra Care scheme with 24/7 staffing, 1 dedicated additional day staff.
- 1 x 2 and 2 x 1 bed flats fully equipped and furnished with walk in showers.
- The flats are intended for a maximum stay of 21 days in order to complete reablement required
- The flats are rent free but residents should provide their own food with the support of staff on site.

2016/17 BCF Plan

- Following a successful pilot in 2015-16 Wokingham Integration Strategic Partnership approved the continuation and expansion of the SUSD scheme from the then 2 units to 8 units. WISH team staff will continue to monitor performance using a recently developed performance dashboard for WISP.
- A 'deep dive' review to be undertaken 2016-17 to ascertain whether there are more cost effective ways of delivering SUSD units and the optimum staffing levels for SUSD

Performance from July 15 to date

- 37 people have used the service for a total of 698 days
- Total cost of the service has been £109,706- rent , staffing and utilities
- We have saved 339 days in hospital
- Avoided 25 admissions to residential care homes
- Estimated health benefit is £155,350
- Estimated net Council savings are £91,568

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Barriers

- The slower integration of the WISH service, the integrated short term team, has meant that the service has been primarily used by the out of hospital social work team.
- Wokingham's excellent performance in preventing delayed discharges from hospital has meant we have had less demand for the service than we originally thought.
- The lack of dedicated medical support has meant there has been lower acceptance of the service from health staff as an alternative to a hospital admission.
- Access to the service is not currently 7 day and can take a few hours from referral to acceptance.

Governance

- A SUSD practitioner group meets monthly with WBC, Optalis, BHFT and landlord representatives.
- This group reports to Wokingham Integration Strategic Partnership, which is a sub-group of the Health and Well-Being Board.

Future options

The BCF is undertaking a review of all its current schemes in September and the below options for SUSD will be considered:

- Maintain the current 3 units which will be primarily used for Step Down to facilitate complicated discharges from hospital.
- As the WISH team becomes more integrated increase the medical support available for SUSD to increase the numbers of Step Up admissions
- Trial the siting of 7 Step Up beds at Wokingham hospital